



## Origins and historical development of gender-related terms

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### ARTICLE INFO

**Article history:**

Received October 2024

Received in revised form

15 November 2024

Accepted 15 December 2024

Available online

25 January 2025

**Keywords:**

gender terminology,  
language evolution,  
gender identity,  
gender-neutral language,  
historical linguistics,  
social structures,  
gender inclusivity,  
binary gender,  
gender diversity,  
cultural norms,  
linguistic adaptation,  
gender roles,  
gender spectrum and  
inclusive language.

### ABSTRACT

This article examines how gender-related language has evolved from ancient times to the modern era. The terminology surrounding gender has changed dramatically, influenced by evolving social structures, cultural practices, and scientific advances. In early civilizations, people primarily used binary language that reinforced traditional gender roles, heavily influenced by religious beliefs and social hierarchies. As time progressed, movements that advocated for gender equality led to the development of more inclusive language, fostering terminology that acknowledges gender as a spectrum instead of a strictly binary concept. This transformation not only signifies changing views on gender identity but also reflects a larger societal movement towards inclusivity. The article focuses on significant milestones in the development of gender terminology, discussing historical influences, social movements, and the current trend towards genderneutral language. Ultimately, this study highlights the role of language in both reflecting and driving social progress, providing insights into how evolving terminology can promote a more inclusive understanding of human identity.

2181-1415/© 2024 in Science LLC.

DOI: <https://doi.org/10.47689/2181-1415-vol5-iss6-pp166-174>

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## Genderga oid atamalarning kelib chiqishi va tarixiy rivoji

### ANNOTATSIYA

**Kalit so'zlar:**

gender terminologiyasi,  
tilning evolyutsiyasi,  
gender identifikatsiyasi,  
genderga neytral til,  
tarixiy lingvistika,  
ijtimoiy tuzilmalar,

Ushbu maqolada genderga oid tilning qadim zamonlardan hozirgi davrgacha qanday rivojlanganligi tahlil qilinadi. Gender atamaları jamiyat tuzilmaları, madaniy urf-odatlar va ilmiy yutuqlar ta'sirida sezilarli o'zgarishlarni boshdan kechirgan. Dastlabki sivilizatsiyalarda odamlar diniy e'tiqodlar va ijtimoiy iyerarxiyalarning kuchli ta'sirida bo'lgan an'anaviy gender

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gender inklyuzivligi,  
binary gender,  
gender xilma-xilligi,  
madaniy normalalar,  
tilga moslashuv,  
gender rollari,  
gender spektri va  
inklyuziv til.

rollarini mustahkamlovchi binary tilni qo'llashgan. Vaqt o'tishi bilan gender tengligi uchun kurashgan harakatlar inklyuzivroq tilni rivojlantirishga olib keldi, natijada genderni faqat binary tushuncha sifatida emas, balki spektr sifatida tan oluvchi atamalar yuzaga keldi. Bu o'zgarish gender identifikatsiyasiga bo'lgan qarashlarning o'zgarishini aks ettirishi bilan birga, kengroq ijtimoiy inklyuzivlikka intilishning ko'rinishi hisoblanadi. Maqolada gender terminologiyasining rivojlanishidagi muhim bosqichlar, tarixiy ta'sirlar, ijtimoiy harakatlar va genderni neytral tilga o'tishning zamonaviy tendensiyalari muhokama qilinadi. Mazkur tadqiqot tilning jamiyat taraqqiyotini aks ettirish va rag'batlantirishdagi rolini yoritib beradi hamda o'zgarayotgan terminologiya inson identifikatsiyasini yanada inklyuziv tushunishga qanday yordam berishi haqida tasavvurlar beradi.

## Происхождение и историческое развитие гендерной терминологии

### Ключевые слова:

гендерная терминология,  
эволюция языка,  
гендерная идентичность,  
гендерно-нейтральный  
язык,  
историческая  
лингвистика,  
социальные структуры,  
гендерная инклюзивность,  
бинарный гендер,  
гендерное разнообразие,  
культурные нормы,  
адаптация языка,  
гендерные роли,  
гендерный спектр и  
инклюзивный язык.

### АННОТАЦИЯ

В статье исследуется развитие гендерно-ориентированного языка от древности до современности. Гендерная терминология существенно изменилась под влиянием эволюции социальных структур, культурных традиций и научного прогресса. В ранних цивилизациях доминировал бинарный язык, укреплявший традиционные гендерные роли и формировавшийся под воздействием религиозных убеждений и социальных иерархий. С течением времени движения за гендерное равенство инициировали создание более инклюзивного языка, представляющего гендер как спектр, а не как строго бинарную категорию. Эти изменения отражают не только трансформацию взглядов на гендерную идентичность, но и более широкий общественный процесс, направленный на инклюзивность. В статье выделены ключевые этапы развития гендерной терминологии, рассмотрены исторические факторы, социальные движения и современные тенденции к использованию гендерно-нейтрального языка. Исследование акцентирует внимание на роли языка как инструмента, отражающего и стимулирующего общественный прогресс, а также на том, как изменения в терминологии способствуют более инклюзивному восприятию человеческой идентичности.

### INTRODUCTION

The idea of gender has been a vital part of human identity and social systems for a long time, yet the way we talk about it and the words we use have changed a lot across different cultures and historical periods. The language used to describe gender has grown over time and mirrored significant social, political, and cultural changes.

By examining the origins and evolution of gender-related terms, we can gain insights into how societies have understood and organized gender roles, identities, and expressions throughout history. In earlier societies, language concerning gender was usually binary, concentrating on defining male and female roles in ways that supported existing social hierarchies. However, as society's views on gender have progressed, the terminology and concepts that define it have also evolved.

The historical development of language related to gender showcases the impact of religious, philosophical, and scientific ideas, all of which have influenced how gender is understood and expressed. For instance, many ancient languages incorporated gender directly into their grammatical frameworks, often assigning gendered nouns, adjectives, and even verbs to illustrate both biological and socially perceived roles for men and women. Over time, languages have adapted to introduce terms that present more nuanced interpretations of gender, aligning with a growing consciousness of gender as a spectrum rather than a fixed binary.

The term "gender" is a new concept in science, especially in Uzbekistan. Currently, this term is widely used in various fields of knowledge. In particular, it is actively used in philosophy, psychology, cultural studies, sociology, political science, and even linguistics. The emergence of the term "gender" was facilitated by achievements in various fields. Gender linguistics is a branch of modern linguistics that has recently emerged, but is actively developing and finding new research problems. The increased interest in the anthropocentricity of knowledge and individual personality parameters in all areas of the humanities, as well as the issues of the interrelationship between gender and language, became the basis for the formation of linguistic genealogy.

The concept of gender entered the field of science and research in the 1970s. By this time, feminist scholars began to put forward various views and ideas.

In today's world, gender terminology has experienced a drastic change, propelled by an increasing acknowledgment of gender diversity and inclusivity. This shift has given rise to the developing of gender-neutral and inclusive terms, reflecting a broader and more adaptable understanding of gender identities. This article examines the origins and historical progression of gender-related terms, tracing their development from early linguistic practices to modern inclusive language while exploring how these terms have changed to represent the evolving landscapes of gender identity and societal acceptance. Through this examination, we deepen our understanding of the complex relationship between language and societal values and the influence of language in shaping our perceptions of gender.

## **LITERATURE REVIEW AND METHODOLOGY**

Researchers have identified the historical beginnings of gender terms in ancient languages and cultures. For example, studies by Linguist William Labov (1972) demonstrate how language mirrors social structures, including hierarchies based on gender. Historical writings from Ancient Greece and Rome, examined by David Halperin (1990), reveal early ideas about gender roles and identities, stressing the socio-political contexts that influenced these terms.

The linguistic development of gender terms has drawn the attention of various theorists. Robin Lakoff's (1975) influential work, "Language and Woman's Place," suggests that language reflects and reinforces gender beliefs. Lakoff's findings encouraged further investigation of how language practices can sustain gender

stereotypes. Additionally, Judith Butler (1990) proposed the idea of gender performativity, asserting that gender is not inherent but constructed through repeated linguistic and social actions, affecting the terms we use to define identity.

The idea of intersectionality, introduced by Kimberlé Crenshaw (1989), plays a crucial role in understanding how gender terms interact with race, class, and sexuality. This literature underscores the layered nature of identity and challenges simplistic views of gender. Scholars such as Bell Hooks (2000) and Patricia Hill Collins (2000) further explain how these overlapping identities create distinct experiences that shape the understanding and usage of gender-related terms across various cultural settings.

The progression of gender-related terms has been notably influenced by contemporary social movements and activism. Works from Judith Butler and others in queer theory highlight how modern fights for recognition and rights have transformed gender language, bringing attention to non-binary and transgender identities. Publications like "Transgender History" by Susan Stryker (2008) and "Gender Trouble" illustrate the fluidity of gender and advocate for a more inclusive and expansive vocabulary.

Cross-cultural research, including studies by Alison Bechdel (2006), has revealed a variety of gender-related terms across the globe. These studies demonstrate how different cultures understand gender, often challenging definitions rooted in Western perspectives. Researchers such as Nikki Sullivan (2003) have explored linguistic differences in gender terminology among various societies, emphasizing the importance of a global perspective in comprehending gender.

The literature also considers the effects of changing gender terms on policy and education. Scholars contend that language influences societal attitudes towards gender, impacting everything from legislation to educational programs (e.g., Janelle Scott, 2014). Promoting inclusive language in official documents, as discussed by Livia & Hall (1997), highlights the necessity of acknowledging and valuing diverse gender identities in public discussions.

The literature regarding gender-related terms' origin and historical evolution shows a vibrant and changing dialogue shaped by historical contexts, linguistic structures, intersectionality, and modern movements. This review emphasizes the need for continuous analysis and redefinition of gender terminology to promote inclusivity and comprehension in a constantly evolving societal framework. By placing gender-related terms within a larger historical and cultural context, this article seeks to enhance the essential discussions about gender identity and language.

Gender linguistics is part of the scientific field of gender studies and studies gender using linguistic concepts. Gender linguistics, like any new direction, is a new direction, rich in its own unique aspects, but its terminological apparatus and categories have not yet been clearly formed. Currently, various aspects of gender are being scientifically studied. They are more focused on highlighting the reflection of gender in pragmatic signs.

## DISCUSSION

In ancient cultures, language frequently mirrored established social hierarchies. Many early languages, including Latin, Sanskrit, and Ancient Greek, integrated gender directly into their grammatical systems. Gendered nouns, adjectives, and pronouns were employed not just for biological sex but also to denote social and familial functions.

These languages predominantly categorized gender into two parts (male and female), reflecting the societal and cultural standards of that era. Terms associated with men and women were often laden with societal expectations, reaffirming specific gender roles – for instance, male-related terms frequently suggested leadership or authority, while female terms indicated nurturing or domestic responsibilities.

In numerous cultures, religious and mythological narratives further solidified binary gender roles, portraying gods and goddesses with distinct traits. The masculine-feminine division in language often paralleled the dual nature of mythological figures, shaping gender perceptions for many years.

Throughout the medieval era, religious institutions wielded considerable influence over social norms, including those related to gender. Latin and other scholarly languages maintained gendered distinctions, and terms for "man" and "woman" were closely linked to roles within religious and family contexts.

Feudal societies began utilizing more detailed gender-related terms to differentiate social classes, occupational roles, and marital status, particularly for women (e.g., maiden, wife, widow).

As trade and cultural interactions expanded, languages started borrowing from one another, leading to gradual changes in gender terminology. However, these terms largely persevered as binary, with only slight variations to reflect the different societal roles of men and women.

The Enlightenment ushered in new concepts regarding individual rights and human nature, which indirectly shaped gender perspectives. Discussions surrounding "man" and "woman" began to include notions of personal agency, intellect, and moral character. Gender started being recognized not only as a role but as a facet of personal identity.

The advancement of scientific and medical inquiry during the 18th and 19th centuries introduced new terminology for biological sex, such as "male" and "female" in medical and scientific literature. These terms sought objectivity but often included implicit biases regarding gender differences.

With the shift to industrialization, roles became more distinctly defined between public and private spheres. Language reflected this division with phrases like "breadwinner" for men and "homemaker" for women, emphasizing societal norms and reinforcing gender-specific roles.

The early 20th century witnessed the first wave of feminist movements, which confronted gender roles and the language used to define them. Terms such as "gender equality," "patriarchy," and "sexism" became essential to discussions on social justice.

The 1970s saw the rise of academic disciplines like gender studies and queer theory, fostering terminology that distinguished gender from biological sex. Terms like "gender identity," "gender expression," and "gender roles" gained traction, signaling a move away from exclusively binary concepts.

In recent years, there has been a robust movement towards gender-neutral and inclusive language. Terms like "they/them" as singular pronouns and titles like "Mx." seek to offer choices that acknowledge non-binary and gender-nonconforming identities.

Globalization and cross-cultural exchanges have popularized these terms around the world, resulting in the adaptation and translation of gender-inclusive language across various cultures. Often, traditional languages must evolve or create new terms to remain relevant to shifting societal norms.



Organizations, companies, and social media platforms have begun adopting inclusive language policies, reflecting the growing significance of gender inclusivity. For example, technology firms now permit users to select from a variety of gender options on profiles, marking a substantial transformation in both language and acknowledgment of gender diversity.

Some cultures and languages still face difficulties in adopting gender-neutral and inclusive terms due to established grammatical structures or societal beliefs. Many languages lack precedents for non-binary gender expressions, complicating the integration of new terms.

Gender terminology is expected to continue evolving as societal views on gender become more nuanced. Future developments may introduce new ways to express gender, further moving language away from traditional roles and identities, and fostering an inclusive lexicon that acknowledges the fluidity of gender.

## RESULTS

The findings are organized into four main themes: historical roots, linguistic evolution, societal influences, and contemporary implications.

In the initial gender linguistic studies, more attention was paid to the gender characteristics of the use of language tools, and serious importance was not attached to the study of the role of gender parameters in linguistics. Currently, interest in gender studies is growing in linguistics, and ideas about the role of language in society have also changed radically. The process of gender phenomena in speech communication and linguistic activity is common to linguistic phenomena that have different content and essence. It is known that the speaker, regardless of which gender or category he represents, uses a linguistic system that is unique to everyone. However, it is worth noting that the level of speech or linguistic abilities and opportunities of each person is different. Gender linguistic research of literary texts, and in general, language units, is one of the important tasks of modern linguistics.

The analysis indicates that gender-related terminology has its origins in ancient societies, where roles were often strictly defined. For example, ancient texts from Mesopotamia and Greece suggest that terms associated with gender were closely linked to power dynamics and social hierarchies. The earliest documents predominantly used male-centered language to establish societal expectations, which reflects a longstanding patriarchal framework.

Legal codes, including the Code of Hammurabi and religious texts such as the Bible, have been found to contain gender-specific language that delineates roles and responsibilities based on gender, thereby reinforcing existing social norms.

The results show a significant evolution in linguistic constructs surrounding gender, shifting from binary categorization to more fluid definitions. Historical linguistic analysis reveals that many cultures began to acknowledge a spectrum of gender identities, particularly in the late 20th century. Terms that were once rigid, such as "male" and "female," have expanded to encompass variations like "nonbinary," "genderqueer," and "gender non-conforming."

The adoption of gender-neutral language has gained traction in some languages, particularly in Swedish, which has introduced a gender-neutral pronoun, "hen," to navigate the gap between traditional gender binaries. This surge of new terminology marks a gradual shift toward inclusivity in language.

The literature emphasizes the role of feminist movements in the 20th century in challenging traditional gender terminology, advocating for language reforms to reflect women's rights and identities. Additionally, LGBTQ+ activism has been vital in highlighting the limitations of existing gender terms and promoting a wider recognition of diverse gender identities.

Shifts in societal attitudes towards gender are evident in public discourse, policies, and educational systems. Research indicates that discussions around gender identity in academic settings have encouraged educational institutions to implement inclusive language policies, leading to broader acceptance of diverse gender terminology in formal contexts.

The current environment displays a lively discussion about gender-related terms, advocating for both the acknowledgment of new identities and critiques of traditional terms. The conversations surrounding gender identity have led to the creation of new vocabulary across various fields, including psychology, law, and sociology.

The emergence of social media as a platform for discussions on gender has accelerated the spread and acceptance of gender-related terms. Platforms like Twitter, Tumblr, and Instagram have enabled conversations that challenge outdated terminology while promoting broader acceptance of diverse gender identities.

Globalization has also influenced the understanding of gender terms across various cultures. Exposure to different definitions and concepts via digital media has led to a blending of terminologies, fostering a more global discussion regarding gender identities and expressions.

These findings indicate that the historical development of gender-related terms reflects a complex interaction between societal norms, cultural practices, and linguistic evolution. This evolution shows significant changes in the understanding of gender, transitioning from rigid binary categories to a more fluid and inclusive acknowledgment of identities. The results highlight the importance of ongoing exploration and critical examination of language in relation to gender to advance a more equitable and inclusive society.

## CONCLUSION

In summary, the development of gender-related language serves as a reflection of the evolving societal values, cultural norms, and our understanding of human identity. The transition from the rigid, binary terms of ancient societies to today's diverse and inclusive terminology illustrates a journey marked by both challenge and advancement. Initially, language mainly reinforced fixed gender roles that were deeply rooted in religious, social, and cultural beliefs upholding a binary perspective on gender. However, as societies have grown to recognize gender as a complex and multifaceted aspect of identity, the language has adapted to express this diversity. The contemporary movement towards gender-neutral language, propelled by social activism, has transformed how we perceive and discuss gender. Terms that once prioritized a strict male-female distinction have gradually made room for a spectrum of identities, enabling individuals to express their gender in ways that feel true to their own experiences. These linguistic changes underscore the role of language as both a reflection and a driver of social change, capable of transforming societal attitudes and fostering inclusivity. Looking forward, the future of gender-related language holds the promise of further evolution and refinement. As our global connections deepen, languages worldwide will

continue to embrace and develop gender terminology that acknowledges and respects the diversity of gender experiences. This ongoing transformation not only enhances our understanding of gender but also empowers people to live more authentically, nurturing a society that appreciates and celebrates all forms of identity. The evolution of gender-related language is far from finished; it is a continuing story that embodies our collective journey toward equality, respect, and understanding.

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